Barnsley Academy – Year 8 PSHE and RSE Curriculum Overview 2024-25

Autumn Term – Living in the Wider World					Spring Term – Health	and Wellbeing		Summer Term – Relationships and Sexual Education			
Class Focus		Votes for Schools Theme	Awareness Days	Class Focus		Votes for Schools Theme	Awareness Days	Class Focus		Votes for Schools Theme	Awareness Days
Week 1		Culture, Media and the Arts	Zero Waste Week Second Hand September	Week 1 *	Social Influences – Stereotypes, Prejudice and Echo Chambers To understand the impact of stereotyping, prejudice and discrimination and the unacceptability of prejudice- based language and behaviour online and offline with a focus on the expectations of boys and girls. LO: R39, R40, R41	Health and Wellbeing	Big Schools Birdwatch Veganuary - Jan	Week 1 *	Respectful Communication – Effective and Appropriate Communication To know that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including people in positions of authority and due tolerance of other people's beliefs. LO: R14, R15, R16	Environment & Climate Change	Earth Day (22 nd) Stephen Lawrence Day (22 nd) St George's Day (23 rd) Stress Awareness Month - April
Week 2 *	Living in the Wider World - Who am I really? Understanding what self image is and why it's important.	Jobs, Economy and Education	Fairtrade Fortnight World Suicide Prevention Day (10 ^{th)} End Digital Poverty Day (12 th) Second Hand September	Week 2		Culture, Media and the Arts	World Religion Day (15 th) Veganuary - Jan	Week 2		Jobs, Economy and Education	International Workers' Day (1st) Local Community & History Day - May
Week 3		Science and Technology	Fairtrade Fortnight International Day of Democracy (15 th) Second Hand September	Week 3 *	Managing Risk and Personal Safety - The Impact of Social Media on Body Image and Self-Esteem To explore how the media and social media influence how we think about and express ourselves, including body image; to recognise and manage influences on ourselves. LO: H3, H4, H5	Jobs, Economy and Education	Martin Luther King Day (20 th) International Day of Education (24 th) Veganuary - Jan	Week 3 *	Minding Myself and Others – Relationship Values (Romantic and Platonic) To reflect on the characteristics of positive and healthy relationships (in all contexts, including online) including: trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships. LO: R1, R2, R9, R10, R13, R14	Community and Charity	VE Day (8 th) Local Community & History Day - May
Week 4 *	Living in the Wider World - Why are human rights important? Understanding what human rights are and what protections they have in law.	Environment & Climate Change	Recycle Week International Day of Peace (21 st) European Day of Languages (26 th) Second Hand September	Week 4		Crime, Justice and Extremism	Holocaust Memorial Day (27 th) Chinese New Year (29 th) Veganuary - Jan	Week 4		Health and Wellbeing	Nurses' Day (12 th) International Day Against Homophobia & Transphobia (17 th) Local Community & History Day - May

Week 5		Equalities and Identity	International Day of Older Persons (1st) National Poetry Day (3rd) Black History Month (October)	Week 5 *	Physical Wellbeing and Healthy Lifestyles – Influences on Our Lifestyles To recognise and manage what influences our choices around physical activity and eating choices and the role of a balanced diet as part of a healthy lifestyle. LO: H16, H17, H18	Health and Wellbeing	World Interfaith Harmony Week Children's Mental Health Week World Cancer Day (4 th) Rosa Parks Day (4 th) Time to Talk Day (6 th) LGBT History Month Heart Month - February	Week 5 *	Consent: Avoiding Assumptions To understand the importance of personal space and boundaries and to know how to seek, give and withdraw consent in all contexts including online. LO: R24, R26, R27	Voters' Choice	World Day for Cultural Diversity, Dialogue and Development (21st) Local Community & History Day - May
Week 6 *	Living in the Wider World - What happens when rights are threatened? Identifying human rights abuses and how to react.	Crime, Justice and Extremism	World Space Week National Hate Crime Awareness Week World Mental Health Day (10th) International Day of the Girl (11 th) Black History Month (October)	Week 6		Science and Technology	Safer Internet Day (11 th) International Day of Women and Girls in Science (11 th) Red Hand Day for Child Soldiers (12th) Valentine's Day (14 th) LGBT History Month Heart Month - February	Week 6		Environment & Climate Change	Volunteer Week World Environment Day (5 th June) World Ocean Day (8 th June) Pride Month – June Gypsy, Roma and Traveller History Month - June
Week 7		Health and Wellbeing	World Food Day and Anti-Slavery Day (both 18 th) Black History Month (October)	Week 7 *	Mental Wellbeing – Understanding Mental Health To explore strategies to stay positive, examine attitudes towards mental health and understand common mental health issues (depression, anxiety). LO: H8, H9, H10	Global Issues and Politics	International Mother Language Day (21 st) LGBT History Month Heart Month - February	Week 7 *	Human Sexuality – Feeling Different To understand what sexuality is, the dangers and the law around sharing explicit images with and without permission. LO: R3-5, R39-41	Culture, Media and the Arts	World Day Against Child Labour (12 th) Pride Month – June Gypsy, Roma and Traveller History Month - June
Week 8 *	Living in the Wider World - What is the impact of fake news on democracy? Understanding the dangers fake news has and how to spot it. (Riots 2024)	Global Issues and Politics	UN Day (24 th) Black History Month (October)	Week 8		Jobs, Economy and Education	National Careers Week World Book Day (6 th) Intenational Women's Day (8 th) Women's History Month - March	Week 8		Global Issues and Politics	16-20 June Refugee Week Juneteenth (19 th) World Refugee Day (20 th) Pride Month – June Gypsy, Roma and Traveller History Month - June
Week 9		Community and Charity	Diwali (1st) International Day Against Violence and Bullying at School (2nd) Islamophobia Awareness Month - Nov	Week 9 *	Being an Adolescent – My Body, My Rules! To understand how body parts change during adolescence, an individual's autonomy over their body and FGM. LO: H22, H34	Community and Charity	Young Carers Action Day (16 th) Women's History Month - March	Week 9 *	Media Influences – How does the media influence my relationships? To understand how the representation of romantic and intimate relationships in the media can affect our expectations in real life. LO: R7, R8	Equalities and Identity	Windrush Day (22 nd) Pride Month – June Gypsy, Roma and Traveller History Month - June

	1				1						
Week 10 *	Living in the Wider World - What is the difference between bullying and banter? To understand what the difference is between banter and bullying, particularly with protected characteristics. Anti-Bullying Week 2024: Choose Respect	Equalities and Identity	Armistice Day Anti Bullying Week World Kindness Day (13 th) Children in Need (15 th) Islamophobia Awareness Month - Nov	Week 10		Equalities and Identity	St Patrick's Day (17 th) Global Recycling Day (18 th) International Day of Happiness (20 th) World Poetry Day (21 st) International Day for the Elimination of Racial Discrimination (21 st) Women's History Month - March	Week 10		Community and Charity	Plastic Bag Free Day (3 rd) Plastic Free July Samaritans Awareness Raising Month
Week 11		Global Issues and Politics	Road Safety Week UK Parliament Week International Men's Day (19 th) Islamophobia Awareness Month - Nov	Week 11 *	Active Citizenship Project To present the termly Active Citizenship Project and to reflect on its effectiveness.	Crime, Justice and Extremism	World Water Day (23 rd) Women's History Month - March	Week 11 *	Active Citizenship Project To present the termly Active Citizenship Project and to reflect on its effectiveness.	Crime, Justice and Extremism	Plastic Free July Samaritans Awareness Raising Month
Week 12 *	Living in the Wider World - Why are stereotypes dangerous? To consider the link between stereotypes and prejudice.	Environment & Climate Change	National Tree Week International Day for the Elimination of Violence Against Women (25 th) Islamophobia Awareness Month - Nov	Week 12		Culture, Media and the Arts	International Transgender Day of Visibility (31 st) Women's History Month - March	Week 12		Voters' Choice	Plastic Free July Samaritans Awareness Raising Month South Asian Heritage Month (18 th July – 15 th August)
Week 13		Science and Technology	International Day of Persons with Disabilities (3 rd) International Volunteer Day (5 th) Day of Hope (7 th)	No * = Two lessons of French only							
Week 14 *	Living in the Wider World - Active Citizenship Project To present the termly Active Citizenship Project and to reflect on its effectiveness.	Voters' Choice	Human Rights Day (10 th)								
Week 15		Community and Charity	International Human Solidarity Day (20 th)								
Assessment/Homework	Throughout the term, students	complete their A	Active Citizenship Projec	t designed to	o address or improve an issue they	y feel strongly al	bout in our society. Stud	ents are give	n a grade between 1-4 based on both th	neir group contri	bution and individual
	personal reflection. The success criteria can be found in the PSHE & RSE Curriculum Guide and is visible to all students in lessons.										
	The project is broken down into stages to support with student planning:										
	Stage 1: Identify an issue, form a team and carry out initial research.										
	Stage 2: Undertake primary research.										
	Stage 3: Represent their own and different points of view.										
	Stage 4: Plan the action										

As well as aiming to develop teamwork, communication and reflection skills, the Active Citizenship Project is designed to support students' understanding and delivery of the required project in GCSE Citizenship.

Stage 4: Plan the action.

In class white board checks

Stage 5: Apply skills of collaboration, negotiation and influence whilst delivering the activity.

Stage 6: Critically evaluate the learning and impact of the action.

Messy mark book data used for Do Nows and assessment for CtG.

Circulation and live marking under the visualiser used to CtG live in lesson and inform messy mark books.

of two

* = week of PHSE & RSE therefore one French lesson instead